

# Packing List

Packing for a winter adventure is always subjective, but we want to give you a recommendation of what we think is necessary for your tour. We will provide you with a hard-wearing and waterproof hold-all that you can keep your things in during your adventure.

## Clothing

- 1-2 pairs of fleece or wool trousers
- 1-2 warm fleece or wool jumpers
- 2 pairs of long johns
- 2 pair of long undershirts
- 3 pairs of thin wool socks
- 1 pairs of thick wool socks
- 1 warm and windproof hat
- 1 scarf or buff
- 1 pair of thin gloves
- Swim cloth for the sauna
- Slippers for the cabins

## Others

- Toiletries
- Lip balm
- Sunscreen
- Earplugs
- Sunglasses
- optional ski goggles*
- Camera
- Powerbank

## Your stuff

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## What we will provide you

- ▶ Waterproof Duffelbag
- ▶ Warm waterproof winter overall
- ▶ Winter Boots
- ▶ 1 Pair of thick wool socks
- ▶ Big warm mittens
- ▶ Working Gloves
- ▶ Headlamp
- ▶ Large Thermos Bottle (1 liter)
- ▶ Small Thermos Bottle (0,5 liter)
- ▶ Towels
- ▶ Arctic sleeping bag and liner
- ▶ Pillow and Pillowcase

